

HEALING PATHS WOMEN'S RETREAT

**FRIDAY, OCTOBER 13TH (DINNER)
TO SATURDAY, OCTOBER 14TH (PM)
~ GALILEE CENTRE, ARNPRIOR**

This popular annual event will have a theme of forgiveness, led by The Reverend Deacon Christine Jannasch. Come learn about the four steps of forgiveness to find healing and freedom. Optional workshops include yoga, bible study, labyrinth walking, and singing. The costs include all meals, snacks, wine and cheese.

CHRISTIAN YOGA

**TUESDAYS, OCTOBER 17TH & 24TH
5.30 TO 7 PM ~ CHAPEL**

Do you have some experience with yoga postures or want to try some? Do you want to discuss points of convergence between yoga and Christianity or want reassurance about yoga's legitimacy for Christians? Then come and join us! Please sign up and bring a yoga mat if you have one. There will be a free will offering. The Reverend Dr Kevin Flynn will lead us. Kevin is the Director of the Anglican Studies Program at Saint Paul University. He has been practicing yoga for some 30 years and is a certified yoga teacher. Kevin has studied with teachers in Canada, the United States and India.

INTRO TO THE ORGAN

**WEDNESDAY, OCTOBER 25TH
7.30 TO 8.30 PM ~ NAVE**

Dr Gordon Johnston will help us to appreciate St John's two beautiful organs – the baroque-style pipe organ and the modern digital organ. Come prepared to listen, ask questions and experience the great variety of sounds possible.

BOOK STUDY

**THURSDAYS, OCTOBER 26TH,
NOVEMBER 2ND, 9TH & 16TH
5 TO 6.30 PM ~ CHAPEL**

A book by Walter Brueggemann called: *Chosen? Reading the Bible Amid the Israeli-Palestinian Conflict*. In this study, Peggy Lister and Monica Patten will facilitate exploring the Israeli-Palestinian conflict through a biblical lens, drawing primarily on Old Testament passages. Not intended to determine answers or take sides, this study will help us understand the roots of some of the complex issues and how the reality for both Palestinian and Jewish people changes continuously. Occasionally, views of writers and news events will be shared by the facilitators. Snacks will be served at 5 pm and discussion will begin at 5.15 pm. The book is available at Perfect Books on Elgin Street. For more information please email Monica Patten (monica.patten@rogers.com).

THURSDAY AM

**THURSDAY, NOVEMBER 16TH
10.30 AM ~ CHAPEL**

Join us the 3rd Thursday of the month for coffee/tea and lively chat! On alternate months there will be a theme and a facilitator. In November the topic is: Social Media for the Technically Challenged!

NEW MONTHLY EUCHARIST

**THURSDAY, NOVEMBER 16TH
NOON ~ CHANCEL**

A short, quiet time of gathering in community to worship and be refreshed, on the 3rd Thursday of every month.

HIKING WITH THE RECTOR

**SATURDAY, NOVEMBER 18TH
10.45 AM, MEECH LAKE
O'BRIEN BEACH PARKING LOT (P11) TO
WILSON CARBIDE RUINS**

Join Beth+ in a late autumn hike! This is a well-maintained trail, 3 km each way, with only a few moderate hills, that will take about 3 hours to complete. Wear your good walking/hiking shoes/boots and appropriate-to-the-weather layered clothing. Bring your camera, water, snacks and a lunch. We will stop at a pub for a warming drink afterwards! Meet at

meet at St John's at 10 am to carpool, or at P11 to begin hiking at 10.45 am. Please sign up in the office and indicate if you need a ride, are able to provide a ride, or are meeting us there (office@stjohnsottawa.ca or 613-232-4500 ext 10).

FAITH ON FILM

SUNDAY, DECEMBER 3RD
4 TO 9 PM ~ THE WELL

Come for an evening of fellowship and enjoy a potluck meal. We will be watching the film *The Lady in the Van* (2015) featuring Maggie Smith and then participate in a guided discussion. Transportation can be arranged and all are welcome to attend.

RECTOR'S PUB NIGHT

MONDAY, DECEMBER 4TH
6.30 PM ~ ARMY OFFICERS' MESS

Come and enjoy a drink and get to know folks. You are welcome to park in the lot beside the Mess and there is an accessible entrance. As we are renting the Mess, there will be an opportunity to donate towards the cost. (No jeans please).

A PILGRIMAGE TO BETHLEHEM

TUESDAY, DECEMBER 5TH
2 TO 4 PM ~ VILLAGIA IN THE GLEBE
(100 ISABELLA STREET)

The Oxford Dictionary defines a pilgrim as "a person who journeys to a sacred place for religious reasons". In preparation for the birth of the Christ Child, Kitty Cocks and Gwynneth Evans will show pictures of the landscape, churches and appropriate sites along the way, from Nazareth to Bethlehem. Tea will be served. Parking is available on Pretoria Avenue or at Loblaws.

TO REGISTER

To register for any of these events please contact the office or sign up on the bulletin board at St John's.

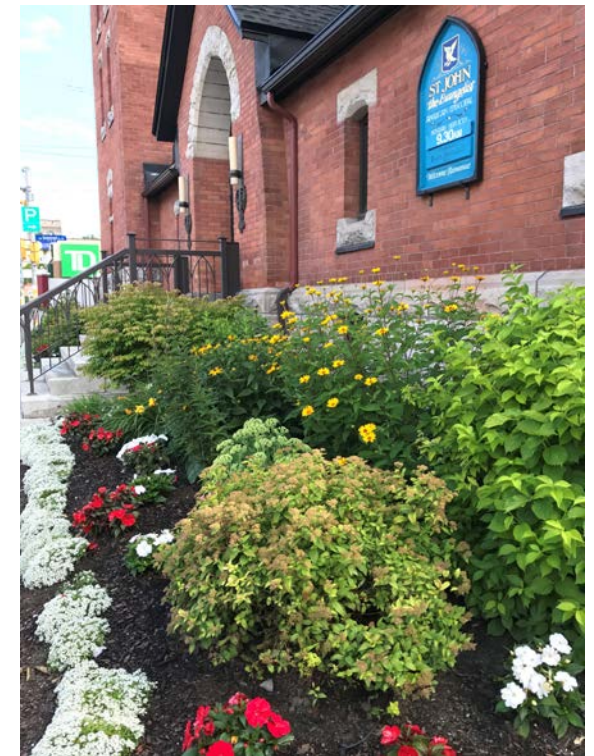
Laura Macdonald, Administrator
Monday to Friday ~ 9 am to 1 pm

(613) 232-4500
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www.stjohnsottawa.ca

154 Somerset Street West



FALL 2017 CHRISTIAN EDUCATION OFFERINGS



ST JOHN
THE EVANGELIST

ANGLICAN CHURCH